

Bristol Local School District

1845 Greenville Rd., N.W.
P.O. Box 260
Bristolville, OH 44402
P: 330-889-3882
F: 330-889-2529



Christopher J. Dray, Superintendent
Christopher.Dray@bristol.k12.oh.us

July 6, 2022

To the Bristol Board of Education:

Our District Wellness Committee met back on Wednesday, June 1, 2022. I believe we are doing a good job meeting the majority of goals outlined in board policy so we focused on a few areas we could grow in.

The following recommendations were cited by the committee as potential areas to improve wellness in the district for the 2022-2023 school year:

- Continue to focus on nutritional guidance for students especially at the high school level so students learn healthy habits (exercise and diet) and incorporate them into daily living practices.
- Continue Jump Rope for Heart in the elementary as it is positive program for students. Consider adding other events such as a Jingle Bell Run, Turkey Trot, Color Run, etc.
- Publicize Mental Health Awareness Month in May, but also year round as we must encourage our students to seek out help when they need it.
- Partner with local organization for donations related to personal health care/hygiene for students.

I want to say a special thanks to all the members of our committee for taking time out of their busy schedules to meet on such an important topic.

Sincerely,
Christopher J. Dray
Superintendent, Bristol Local SD
(330) 889-3882