

BRISTOL ATHLETIC DEPARTMENT

Fall PRE-SEASON MEETING

August 9th, 2023





COACH

INTRODUCTIONS



HIGH SCHOOL HEAD COACHES

Varsity Boys Golf	Kyle Quinn
Varsity Girls Golf	Jim Vecchio
Varsity Girls Soccer	Mike Armour
Varsity Boys Soccer	Corey Schrecengost
Varsity Volleyball	Angela Kriynovich
Varsity XC	Mike Austin

Junior High HEAD COACHES

JH Volleyball	Caitlin Shannon
JH Cross Country	Jenn Williams

Expectations Of A Panther



- Have Fun!
- Doing Things Right - Tiny Eyes Are Upon You
- Using The Skills Learned To Be Successful Beyond Panther Athletics
- Maximize Your Potential In All Aspects Of Life
- 110% Effort & Commitment To The Process & To Being The Best
- Set & Achieve Goals, While Building Confidence, Resilience & Leadership Skills
- Learn & Improve Each Day
- Respect, Care For & Be Committed To Your Teammates, Coaches & Family
- Be There For Your Teammates, Be Accountable & Go The Extra Mile
- Make Long-Standing Friendships & Memories
- Love For Your Team, Bristol Schools & Our Community
- Promoting Panther Spirit - Attend Events & Cheer On Our Athletes
- Be Proud To Be a Panther!

Sportsmanship & Fan Behavior



- Positive approach – Cheer for the Panthers
- Let the coaches coach, players play, and the officials officiate
- Yelling at officials is never acceptable
- Be a role model, and a representative of our community
- Be there for your children – It makes an impact
- Be there for your classmates/community – It makes an impact
- ‘What is your why?’
- Be unapologetic about putting a competitive team on the field, court, course, etc.

Communication

COMMUNICATION:
THE KEY TO SUCCESS



DIRECT COMMUNICATIONS

Guidelines:

1. Athlete ----> Coach
2. Parent ----> Coach (24 hour rule)
3. Parent/ ----> Director of Athletics
Athlete

Adam Crow – Director of Athletics

adam.crow@bristol.k12.oh.us (ex 230)

Jen Armour - Assistant Director of Athletics

jennifer.armour@bristol.k12.oh.us

SOCIAL MEDIA



Bristol Athletics



@BristolAthDept



Northeastern Athletic Conference

OHSAA & Bristol Eligibility



FINAL FORMS

- Physical - Uploaded into Final Forms. It is no longer necessary to turn in a paper copy.
- Concussion(FF)
- Lyndsey's Law/Sudden Cardiac Arrest
- Field Trip Permission/Insurance/Athletic Contract(FF)
- Pay to Participate
 - \$100 Varsity Athletes, \$75 Junior High
 - Free and Reduced Lunch - \$50 Varsity, \$37.50 Junior High
 - Checks made payable to Bristol Local Schools
 - Must be paid by Friday, 8/18 to continue participation.
 - If this presents a challenge for your household, please reach out to either Jen or me directly.



OHSAA and Bristol Academic Eligibility Policy



In order to be eligible to participate:

- Passing grades (D- or better) in all courses during the previous grading period; (NO Fs)
- All incoming ninth graders must have received passing grades in a minimum of four subjects in the immediately preceding grading period. All grades must be recorded in a student's academic record.
- To maintain eligibility, 7th-8th grade students must have received passing grades in a minimum of four classes in the immediately preceding grading period.
- If an athlete does not pass the five-credit/four-class standard in the first grading period this coming fall, then he/she will become ineligible at the start of the fifth school day of the second grading period
- Check your student-athlete schedules and work with your guidance counselor to ensure this does not happen!
- Eligibility will be reviewed at the end of each quarterly grading period

Return to Play



INJURY

If an injury occurs during a practice or competition, this injury needs to be reported to the head coach.

If you are seen by a doctor for an injury we must have a “return to play” doctor's note on file prior to us allowing the student to return to play.

In Ohio, any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion . . . such as loss of consciousness, headache, dizziness, confusion or balance problems . . . shall be IMMEDIATELY removed from the contest or practice and shall not return to play that same day.

The athlete cannot return to practice until cleared via written authorization from a physician or health care provider.

Sudden Cardiac Arrest



Sudden Cardiac Arrest - is when the heart stops beating suddenly & unexpectedly. This cuts off blood flow to the brain & other vital organs.

Warning Signs

- Chest Pain/discomfort
- Unexplained Fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty in breathing

If we see these warning signs

Coaches must remove athlete from activity immediately & must then be cleared by a doctor.

Lindsay's Law - All coaches are required yearly training on SCA. In addition they are trained in CPR/AED's & First Aid.

AED's - Know where they are located everywhere you go. One is mounted on the wall outside of the elementary gym. The second is located in the concession stand outside.

Transportation



Athletes must ride the school bus to a competition and return to the school by the same means.

Should a need arise for a student to be transported privately, the parent/guardian must request permission 24 hours prior to the event from the head coach and complete the Athletic Ride Permission form in the front office.

It is highly encouraged that athletes ride the bus to and from events, as it builds team unity.

8/15 Picture Day w/MJO



<u>Sport</u>	<u>Location</u>	<u>TIME</u>
Boys/Girls Golf	Bristolwood	2:30pm
Cross Country	Bristol Soccer Field	4:00pm
Girls Soccer	Bristol Soccer Field	4:30pm
Boys Soccer	Bristol Soccer Field	5:00pm
JH Volleyball	Bristol HS Gym	5:30pm
HS Volleyball	Bristol HS Gym	6:00pm

IMPORTANT DATES



<u>DATE</u>	<u>EVENT</u>	<u>TIME</u>	<u>LOCATION</u>
8/14/2023	Boys/Girls Soccer @Newton Falls	5:00pm/7:00pm	Away
8/15/2023	Picture Day		BHS
8/22/2023	Volleyball @Badger	4:30pm	BHS
8/23/2023	First Day of School (No Events)	4:30pm	BHS
8/26/2023	Riverside Kickoff Classic	6:00pm	Away
9/26/2023	Volleyball Senior Night	6:30pm	BHS
9/28/2023	Boys Soccer Senior Night	4:30pm	BHS
9/29/2023	Homecoming Game	4:30pm	BHS
10/6/2023	Girls Soccer Senior Night	5:00pm	BHS

BRISTOL ATHLETIC DEPARTMENT
Fall PRE-SEASON MEETING



GOOD LUCK
&
HAVE A GREAT Fall SEASON