



Bristol Athletics

Health/Safety (COVID-19) Information, Guidelines, and Protocols

2020-2021 Academic Year

Winter Sports Version 1.0 – Oct 30, 2020

Mission Statement:

The goal of the Bristol Athletic Department is to ensure safety and appropriate structure to participate in interscholastic competition deemed manageable by the OHSAA and state guidelines. The goal of these health/safety guidelines and protocols is to keep the health and safety of the student-athletes, coaches, parents, and community members as a top priority; to stay flexible and have the ability to change as information from state government, OHSAA, health departments, and board policies may change throughout the academic year.

Statement from the Athletic Director:

Athletics have the opportunity to be a character building experience for student-athletes. The positive elements of interscholastic competition are endless: teamwork, discipline, determination, goal-setting, confidence, etc. I believe creating an environment to foster these positive aspects for student-athletes is a worthy endeavor. As an athletic department, we will do everything in our power to ensure safety and appropriate guidelines/protocols for interscholastic competition.

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Bristol Academic Year 2020-2021 Student-Athlete Safety Precautions and Terms and Conditions to Athletics Participation and Use of Bristol Facilities

In light of the COVID-19 pandemic, the OHSAA and Director of the Ohio Department of Health have authorized athletic activities and the use of athletic facilities for interscholastic athletics. While Bristol Local School District (“Bristol”) takes reasonable steps to comply with recommended safety standards and safety precautions, removing all risk of contracting COVID-19 while students, coaches, staff, and/or spectators gather is impossible. Therefore, student-athlete participation in athletic activities including but not limited to practices, workouts, interscholastic competitions, meetings, scrimmages and/or travel to and from interscholastic competitions and/or the use of Bristol facilities (“Activities”) at this time is voluntary and conditioned upon compliance with the following safety precautions and acceptance of the following terms and conditions and signature by Parent/Guardian and Student-Athlete of the Student-Athlete Waiver and Release of Liability and Acceptance of Safety Precautions and Terms and Conditions for Athletics Participation and Use of Bristol Facilities.

Safety Precautions and Terms and Conditions for Student-Athlete Participation in Activities:

- 1) All Bristol students desiring to participate in Activities (“Student-Athlete(s)”) will need this waiver form signed by a parent/guardian giving them permission to participate in Activities under the guidelines listed below. If a Student-Athlete does not have a signed waiver form on file, they cannot participate in Activities.
- 2) Before entering the locker-room, weight room, bus, and/or athletic facility the Student-Athlete must have his or her temperature checked and verbally confirm to a coach he/she is not experiencing more than 1 of the following COVID-19 symptoms:
 - Fever
 - Chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- 3) If a Student-Athlete displays a fever (100.5 degrees Fahrenheit/38 degrees Celsius or higher) and/or more than 1 symptom, the student will not participate in the specified Activity. They will have to complete the following procedures if displaying a fever and/or showing more than 1 symptom of COVID-19:

- 1) Self-quarantine immediately away from other Student-Athletes and coaches and be picked up by a family member to be taken home or to a medical facility. Student-Athletes will not be able to leave on their own if displaying a fever and/or showing more than 1 symptom of COVID-19 unless given permission by parent/guardian to coach/administrator;
- 2) The Student-Athlete will be able to participate again in Activity when one of the following have occurred:
 - i. It has been at least ten days since the end of symptoms and last registered fever; or
 - ii. A negative COVID-19 test result provided to Bristol.
- 4) Immediately following the temperature check and verbal confirmation of lack of symptoms, the Student-Athlete will disinfect their hands using hand sanitizer provided for them by the coach. Temporal thermometers and hand sanitizer will be provided by the athletic department for the coaches to facilitate before Activities.
- 5) Each student-athlete is required to bring their own drink to only be consumed by him/her and no other student-athlete participant. This is to avoid cross contamination. The water fountains inside the school will not be used.
- 6) All student-athletes are to give their best effort in promoting social distancing when applicable.
- 7) There will be no spectators during practices and/or workouts. The only people allowed within the practice and/or workouts are Student-Athletes, coaches, and medical personal.

**STUDENT-ATHLETE WAIVER AND RELEASE OF LIABILITY AND ACCEPTANCE
OF SAFETY PRECAUTIONS AND TERMS AND CONDITIONS FOR ATHLETICS
PARTICIPATION AND USE OF BRISTOL FACILITIES**

I the undersigned Parent/Guardian and Student-Athlete, acknowledge that I have read and understand the Safety Precautions and Terms and Conditions and voluntarily accept that Bristol Local School District is taking precautions to provide an appropriate environment for Activities during the 2020-2021 school year and authorize Student-Athlete's temperature to be taken before any Activity and agree to the above terms and conditions.

I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.

I understand that while Bristol is taking reasonable precautions to protect Student-Athletes from exposure to COVID-19, there remains risk of contracting the virus during Activities as the Activities necessarily involve contact with other people and contact with surfaces other people have touched.

Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly participate or allow a Student/Athlete to participate in Activities. For my safety and the safety of others, I agree to adhere to any and all precautions and terms and conditions for the Activities provided to me by Bristol.

If a Student-Athlete or an immediate family member contract COVID-19, have symptoms associated with the virus or come in contact with an infected person, either before, during or after participation in Activities, I will immediately advise Bristol.

I authorize Bristol to advise Bristol employees, staff, or any third-person with whom Student-Athlete did or may have come into contact while at the Activities, that they were potentially exposed to COVID-19. I understand that Bristol will take reasonable steps to keep Student-Athlete's identity private, however, to protect the health and safety of others, it may be necessary for Bristol to disclose Student-Athlete's identity and health status with respect to COVID-19 to those he or she came in contact with. I consent to such disclosure, and agree such information would not be protected under state and/or federal privacy laws or regulations.

I understand and acknowledge that participation in the Activities involves **inherent risks, dangers, and hazards, including COVID-19 infection**, and that participation in the Activities **may result in injury or illness that could cause serious and permanent disability or death**. I as Parent/Guardian or Student-Athlete expressly and voluntarily **assume all risks arising from Student-Athlete's participation and/or participation in the Activities**. The Student-Athlete participating in the Activities does not have any **medical, physical or psychological conditions**

that would prevent full and safe participation in the Activities or **Student-Athlete has a health care professional's** permission to participate in the Activities.

I hereby **release and forever discharge Bristol, its staff, coaches, administrators, and employees** (“**Bristol Parties**”) from any and all **liability, claims, causes of action, damages, costs, and expenses arising out of or related to a Covid-19 infection** (“**Claims**”) including, but not limited to, personal injury, or wrongful death arising out of Student-Athlete’s participation in the Activities, whether based in **negligence, contract, strict liability or other bases**, whether such claims are known or unknown to me at the time I sign this Waiver, and **whether caused in whole or in part by the negligent acts or omissions of Bristol or by any other Bristol Party** (excepting the gross negligence or willful misconduct of the Bristol Parties). I agree to waive my right and/or my Student Athlete’s right to bring any and all such Claims, **including any right to sue the Bristol Parties** from and against any Claims **arising out of or relating to participation in the Activities** (excepting the gross negligence or willful misconduct of the Bristol Parties). This waiver and release shall be governed in accordance with the laws of Ohio except its conflict of laws provisions, and any dispute in relation hereto will be subject to the exclusive jurisdiction and venue of the courts of Ohio.

This Agreement and Waiver shall remain in full force and effect unless withdrawn in writing by certified mail service to the Office of the Athletic Director, [1845 Greenville Rd NW PO BOX 260, Bristolville, OH 44402], but under no circumstances shall it be withdrawn retroactively.

I CERTIFY THAT I AM OF LEGAL AGE AND HAVE THE RIGHT TO CONTRACT IN MY OWN NAME AND ON BEHALF OF EACH MINOR STUDENT-ATHLETE, AND HAVE READ, UNDERSTAND AND AGREE TO THE TERMS OF THE ABOVE WAIVER AND RELEASE. I ACKNOWLEDGE THAT I HAVE VOLUNTARILY SIGNED THIS DOCUMENT AND THAT MY SIGNING CONSTITUTES A RELEASE OF RIGHTS, AND THAT I HAVE THE RIGHT TO RECEIVE A COPY OF THIS FORM.

On behalf of Student-Athlete: _____
(Print name of Student-Athlete)

Parent/Guardian Signature

Date

Student-Athlete Signature

Date

Bristol Athletic Department
Bristol Local School District

OHSAA Recommendations

The following information below is the most recent OHSAA recommendations for all sports. It has been an important staple in the structure for Fall Sports health/safety protocols created for this document.

The main aspects are listed below.

Schools should attempt to significantly mitigate exposures by:

- Maintaining physical distancing while not on the field or court of play;
- Requiring face coverings while not on the field or court of play;
- Reducing or greatly eliminating unnecessary travel;
- Reducing or eliminating sharing of common equipment, and
- Stay at home when sick.
- Design and implement daily screening protocols for each school.
- Adhere to physical distancing guidelines (six feet between persons) at all times, minimizing exposure to settings where such distancing is not practical.
- Do not share food, drinks, including water bottles, clothing, towels or other personal items.
- Wash hands or use hand sanitizer upon entering and exiting weight and training room areas.
- Game balls should remain with single groups and sanitized between use.
- Utilization of shared common equipment (including dumbbells, barbells, balls, hitting sleds, pennies, etc.) should be sanitized between each use.
- If gyms and locker rooms are opened, emphasize implementation of appropriate sanitation protocols and strong encouragement to spend minimal time in these settings.

Full list of recommendations from OHSAA on July 22:

<https://ohsaaweb.blob.core.windows.net/files/Sports/2020/OHSAAReturnToPlayRecs.pdf?sv=2017-04-17&sr=b&si=DNNFileManagerPolicy&sig=OQI3CIQfORCsyMX6sH9okmixdLIaxCCAie9PMAXPBJ4%3D>

Ohio Department of Health Order – August 19: Sports

A link to the Ohio Department of Health Order given on August 19:

https://content.govdelivery.com/attachments/OHOOD/2020/08/19/file_attachments/1521949/Sports%20Order%2008.19.20.pdf

Important Notes:

- Sports are permitted to engage in competition
- Six Foot social distancing
- Masks are mandatory unless participating in competition (student-athlete, coaches, and officials only)
- Spectators go through symptoms check before coming to competition
- No congregating before or after the game
- Daily symptoms check

COVID-19 Information and Protocols

The following information and protocols below derived from OHSAA recommendations, CDC information and guidelines, and have been evaluated to be in the best interest of keeping Bristol students healthy and safe to participate in athletic activities.

COVID 19 Symptoms

People with COVID-19 have had a wide range of symptoms, ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever
- Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as more is learned about COVID-19. A current list of COVID-19 symptoms and a “self-checker” application is available at

<https://www.cdc.gov/coronavirus/2019-ncov/symptomstesting/symptoms.htm>

Daily and Game Day Screening Protocols

Before entering the locker-room, weight room, and/or outdoor athletic facility the student-athlete has their temperature checked and verbally confirms to a coach he/she is not experiencing more than 1 of the above listed COVID 19 symptoms.

- Temperature check of coaches and student-athletes (Temperature over **100.5 F/38 C** is “Fail”)
- Symptoms Self-Assessment by coach and student-athletes
 - o Coaches and Student-Athletes will verbally authenticate that they are not showing more than 1 of the symptoms listed above in “COVID 19 Symptoms”. The reason that it is more than one is student-athletes may feel some of those symptoms just by participating in athletics (example: fatigue, muscle/body aches).

Immediately following the temperature check and verbal confirmation of symptoms; the student-athlete will disinfect their hands using hand sanitizer provided for them by the coach. Temporal thermometers and hand sanitizer will be provided by the athletic department for the coaches to facilitate before practices/workouts/interscholastic competition.

Specifically for game days, these items will be checked at minimum 45 minutes before Bristol student-athletes/coaches host a home contest, and before Bristol student-athletes/coaches get on the bus for an away contest.

“Failed” Screening Protocol

A “failed” screening consists of one and/or two of the Daily or Game Day Screening Protocols:

- A temperature of over **100.5** degrees Fahrenheit (38 degrees Celsius) is a “Fail”
- Having **more than 1 symptom of the COVID 19 Symptoms** is a “Fail”

If a student displays a fever and/or more than 1 symptom, the student will not participate in the specified practice/workout/interscholastic competition. They will have to complete the following procedures if displaying a fever and/or showing more than 1 symptom of COVID-19:

- 1) Self-quarantine immediately away from other student-athletes and coaches and be picked up by a family member to be taken home or to a medical facility. Student-Athletes will not be able to leave on their own if displaying a fever and/or showing more than 1 symptom of COVID-19 unless given permission by parent/guardian to coach/administrator.
- 1) The student will be able to participate again in practice/workout/interscholastic competition when one of the following have occurred:
 - a. It has been at least ten days since the end of symptoms and last registered fever and the individual is showing no symptoms and/or fever; or
 - b. A negative COVID-19 test result from an official testing center provided to Bristol and written consent to participate in sports from a medical professional

Protocol for Athletic Team when Student-Athlete and/or Coach Test Positive for COVID-19

This protocol is for when a student-athlete and/or coach test positive for COVID-19. The student-athlete and/or coach have the responsibility to inform the school, an administrator, or the athletic director immediately once the information is known.

The following protocol for the respective athletic team will begin once the information is known to the school, administrator, coach, and/or athletic director:

- 1) A **FOUR** day mandatory postponement of practices/workouts/interscholastic competitions begin immediately for the specific sport team that has the COVID-19 positive individual. The four official days of postponement do not start until the following day.
- 2) After the four days of postponement, a re-evaluation would occur of the specific sports team that the infected person would be in contact with to determine if COVID-19 has spread to other members of the respective sport.
- 3) The final protocol is dependent on re-evaluation. A “re-evaluation” is checking student-athletes and coaches for more than 1 COVID-19 symptom and evaluating temperature as indicated in “Daily and Game Day Protocols”.
 - a. IF THE RE-EVALUATION INDICATES COVID-19 **WAS NOT SPREAD**: If the re-evaluation of the team members indicates **NONE** of the student-athletes and coaches are showing symptoms of COVID-19 and/or fever, then practice/workouts/interscholastic competition can resume.
 - b. IF THE RE-EVALUATION INDICATES COVID-19 **WAS SPREAD**: Another four day mandatory postponement of the specific sport is put in place. After those four days, another re-evaluation occurs.

Example:

- The information of someone on the soccer team that has tested positive for COVID-19 is learned on Wednesday.
- Any practices/workouts/interscholastic competitions involving soccer are not held on Wednesday. The four day postponement begins Thursday and ends at the end of the day Sunday.
- A re-evaluation occurs before Monday’s practice/workout/interscholastic competition.
- If the re-evaluation shows that COVID-19 **HAS NOT SPREAD** to **ANY** other members of the team, practice/workout/interscholastic competition can begin again on Monday.
- If the re-evaluation shows that COVID-19 **HAS SPREAD** to **ANY** other members of the team, practice/workout/interscholastic competition will not begin on Monday and will be postponed another four days. This will include Monday and will end at the end of the day Thursday. A re-evaluation occurs again on Friday before practice/workout/interscholastic competition.

*****Note: Protocol given by the local health department will override this protocol if they determine a different course of action is necessary*****

Student-Athlete and/or Coach come in “Direct Contact” with someone who tested positive for COVID-19 Protocol

“Direct Contact” with an infected person is when a student-athlete and/or coach have been in close proximity with someone who has tested positive for COVID-19.

“Direct Contact” is defined as one of the following:

- a. Person to Person contact with an infected individual
- b. Interacting with an infected individual within 6 feet without a mask
- c. Shared object with infected individual (food, drink, etc.)

The following protocol for the **INDIVIDUAL** who was in “Direct Contact” with an infected person will begin once the information is known to the school, administrator, coach, and/or athletic director:

- 1) A **FOUR** day mandatory postponement of practices/workouts/interscholastic competitions begin immediately for the individual that came in contact with the infected individual. The four official days of postponement do not start until the following day.
- 2) After the four days of postponement, a re-evaluation would occur of the individual.
- 3) The final protocol is dependent on re-evaluation. A “re-evaluation” is checking the individual for more than 1 COVID-19 symptom and evaluating temperature as indicated in “Daily and Game Day Protocols”.
 - a. **IF THE RE-EVALUATION INDICATES COVID-19 IS NOT PRESENT:** If the re-evaluation of the individual indicates **NO** symptoms of COVID-19 and/or fever, then practice/workouts/interscholastic competition for the individual can resume.
 - b. **IF THE RE-EVALUATION INDICATES COVID-19 IS PRESENT:** The student will be able to participate again in practice/workout/interscholastic competition when one of the following have occurred:
 - i. It has been at least ten days since the end of symptoms and last registered fever and the individual is showing no symptoms and/or fever; **and**
 - ii. A negative COVID-19 test result from an official testing center provided to Bristol and written consent to participate in sports from a medical professional

*****Note: Protocol given by the local health department will override this protocol if they determine a different course of action is necessary*****

Basketball – Junior High Girls/Boys, High School Girls/Boys

Information:

A link to OHSAA recommendations from October 29:

<http://bit.ly/BKRecs>.

Main Protocols

From OHSAA and Health Department Recommendations and Guidelines:

- Masks must be worn on the bus, entering the facility for practice/scrimmage/game, exiting the facility for practice/scrimmage/game, and during play if not on the court.
- Coaches will wear face masks at all times (practices/scrimmages/games).

Main Guidelines

Coaches:

- Will communicate information that is given to them from the athletic director, administration, or school in prompt manner when it comes to health/safety information/guidelines/protocols
- Will keep track of attendance daily for record in case needed for information, this includes coaches and student-athletes
- Will wear a mask if in close proximity with student-athletes, coaches, or attendees during practice and meets (6 feet social distancing)
- Will not have “team” water bottles to avoid cross contamination

Student-Athletes

- Will sign waiver and terms/conditions in order to participate in activities
- Will not share beverages, clothes, towels, or any other equipment with other student-athletes or coaches to avoid cross contamination
- Will communicate to a coach immediately if not feeling well and may be experiencing COVID 19 symptoms
- Will give their best effort to practice social distancing when applicable

Cheer - Junior High and High School

Main Guidelines

Coaches:

- Will communicate information that is given to them from the athletic director, administration, or school in prompt manner when it comes to health/safety information/guidelines/protocols
- Will keep track of attendance daily for record in case needed for information, this includes coaches and student-athletes
- Will wear a mask if in close proximity with student-athletes, coaches, or attendees during practice and meets (6 feet social distancing)
- Will not have “team” water bottles to avoid cross contamination

Student-Athletes

- Will sign waiver and terms/conditions in order to participate in activities
- Will not share beverages, clothes, towels, or any other equipment with other student-athletes or coaches to avoid cross contamination
- Will communicate to a coach immediately if not feeling well and may be experiencing COVID 19 symptoms
- Will give their best effort to practice social distancing when applicable

Main Protocols and Information

- Due to limited gym capacities, Cheer will only participate in home contests and will not travel to away contests.
- Cheer will be placed in the home side corner of the gym opposite of entrance for home games and receive a part of the bleachers to ensure social distancing for cheer.
- Cheer teams will be divided into groups for on-court cheering to ensure social distancing and maintain appropriate guidelines from OHSAA and Health Department. The rest of the cheer team will be in the bleachers participating in a socially distanced manner.

Bus Transportation

When using bus transportation to travel to away scrimmages and interscholastic competition, Bristol Student-Athletes and Coaches will follow the Trumbull County Bus Transportation Guidelines for K-12.

Here is the official link to the PDF:

<https://www.bristol.k12.oh.us/Downloads/TC%20SCHOOLS%20BUS%20FLYER.pdf>

An overview:

- Every student rider must put on a face covering as the bus is approaching
- the bus stop
- Every student rider must apply hand sanitizer upon entering the bus
- Every student rider will have an assigned seat
- Student riders will board buses back-to-front and exit buses front-to-back

In addition to the Trumbull County Bus Transportation Guidelines for K-12:

- Student-Athletes, Coaches, team personal will wear masks to and from the bus to the locker room, and vice versa.
- A seating chart will be created by the coaches for contact tracing purposes if necessary

Fan Attendance

As the Bristol Athletic Department, we will facilitate guidelines to promote health and safety for our spectators, student-athletes, and coaches at interscholastic competitions being played at Bristol Facilities.

The Athletic Department will communicate to student-athletes, coaches, parents, and the community on guidelines and regulations when going to away competitions, meets (golf matches, cross country), and the OHSAA tournament when the information is available.

Below are the following guidelines and regulations guided by OHSAA recommendations and state mandates/guidelines:

ALL Winter Interscholastic Competitions or Events held at Bristol Facilities (Basketball):

- As OHSAA and State indicates, **MASKS ARE MANDATORY** for all spectators to ensure we are creating the best possible environment for our student-athletes, coaches, parents, and community members.
 - o There are only a few exceptions to this rule listed by the Ohio Department of Health
- Spectators are **STRONGLY ADVISED** for the health and safety of our student-athletes, coaches, parents, and community members to not attend sporting events if you have been one of the following:
 - o Feeling ill and/or showing any symptoms of COVID-19
 - o Have tested positive for COVID-19 in the past 14 days prior to the competition/event and do not have a negative COVID-19 test result from an appropriate testing center
- No close congregating between a multitude of spectators before or after the game at Bristol Facilities.
- As directed from State Order on August 19 with spectator limiting, each individual player on the roster will be given the opportunity for family members or close family friends to attend games. With this in mind, the NAC has different gym capacities and regulations respectively. More information will be given on spectator tickets per specific opponent.
- For Bristol Student-Athletes, they will be given a specific amount of tickets per individual that fits within our gym capacity mandated by the State of Ohio. This number will be based on how many student-athletes are on the roster and the max capacity for the event.

Bristol Gym Facility Specific:

- Spectators will be expected to maintain a six foot social distancing between groups of spectators and may be asked to move to ensure this protocol
- Both bleachers will be out for all volleyball contests to ensure social distancing opportunities. One bleacher will be designated “away”; one bleacher will be designated “home”. We will have one section of bleachers designated as “overflow” if needed.
- The first row of each side of the bleachers will not be used to ensure spacing from student-athletes and coaches participating in competition
- There will be marked off areas behind the bench area and scorer’s table to ensure social distancing from spectators to student-athletes, coaches, and essential volleyball personal.
- Bristol Facilities will develop marked areas to sit in groups with six feet social distancing between groups in the sitting area within the gym

If a spectator chooses not to follow any of these guidelines or regulations, they may be asked to leave the competition and Bristol Facilities without a refund of a purchased ticket.

NAC Spectator Guidelines 2020

- The NAC strongly believes in the value of interscholastic athletics as an opportunity for personal growth and healthy development of our student-athletes. This pandemic has presented many unique problems that require innovative solutions to help our student athletes continue to participate safely.
- Spectator presence will need to be limited. For all home contests, each athlete AND coach will be given two (2) dated NAC event Spectator Passes by their coach the day before each contest.
- Where spectators are limited and an admission fee is required by a school, the Spectator Pass only permits the opportunity to purchase a ticket and does NOT cover the cost of admission.
- It is up to the athletes to determine who they give their Spectator Passes to for that game. Spectator Passes will be given exclusively to athletes by coaches. It is not the place of the school or league to determine which family members are close enough to receive those tickets.
- Spectator Passes MAY be redistributed by athletes if they do not anticipate family or friends being able to attend an event.
- Spectator Passes MAY NOT be sold and hold no cash value. Athletes or family members who sell Spectator Passes are at risk of violating OHSAA policy by profiting from their student-athlete's membership of a sanctioned OHSAA sports team. This could lead to sanctions and penalties from the OHSAA or NAC against the individual athlete, their team, and/or the member school.
- Spectators MUST wear masks and submit to symptom screening and a temperature check when entering an event that requires it. Refusal of any one of those three is grounds for immediate removal.
- Spectators must be socially distant between households at ALL contests, regardless of whether or not tickets are required.
- Spectators must be socially distant from athletes and officials at ALL contests.
- Spectators should be prepared to observe games differently than in the past.
- Do not sit in the first two rows or immediately outside of the field/court/course of play.
- Do not help with loose balls.
- Do not help players up.
- Do not "high five" or physically congratulate.
- Do not mingle before or after events, wait for your student athlete(s) in your vehicle.
- Do not expect players to shake hands.
- Coaching staffs need to be limited to keep in the spirit of limiting attendance. I recommend the following:
 - Football - Maximum of five (5) coaches, each receiving two (2) spectator passes
 - Basketball, Volleyball, Soccer - Maximum of three (3) coaches, each receiving two (2) spectator passes
- Head coaches should be allowed two (2) additional Spectator Passes per contest. Most often, these would be used for game filming personnel, statisticians, etc.
- Visiting Cheerleaders will be permitted for football games but not for basketball games.

- Each school will provide access to separate restrooms for visiting players.
- No raffle tickets or grandstand sales will be permitted.
- In situations where middle school and high school games are played consecutively, schools should empty the gymnasium between contests. In situations where jv and varsity games are played consecutively, schools may need to empty the gymnasium between contests, based upon occupancy.
- Schools may bring one (1) Book-keeper and one (1) trainer per contest, free of admission.